

## 2026 FCDC Invitational Schedule of Events

**Friday, January 23<sup>rd</sup>, 2026**

Open Practice 4:00pm to 7:00pm

**Saturday, January 24<sup>th</sup>, 2026**

8:00am	9:00am	Open Practice		
9:00am	9:08am	Officials and Coaches' Meeting		
9:08am	9:10am	Opening Ceremonies		
9:10am	9:30am	1m and 3m Closed Practice		
		<b>1m</b>		<b>3m</b>
9:30am	10:35am	Aspire II Boys & Girls C (21)		Aspire I Boys & Girls D (21)
10:35am	10:55am	1m and 3m Closed Practice		
10:55am	11:50am	Aspire I Boys & Girls C (18)		Aspire II Boys & Girls B (13)
11:50am	12:10pm	1m and 3m Closed Practice		
12:10pm	12:45pm	Aspire II Boys & Girls A (6)		Aspire II Boys & Girls D (8)
12:45pm	1:05pm	1m and Platform Closed Practice & Awards		
1:05pm	2:20pm	<b>1m</b> Aspire II Boys & Girls B (19)	<b>Platform</b> Aspire I Boys & Girls D (20)	
2:20pm	2:40pm	3m and Platform Closed Practice & Awards		
2:40pm	4:20pm		<b>Platform</b> Aspire I Boys & Girls C (23)	<b>3m</b> Aspire I Boys & Girls E (14)
4:20pm	4:40pm	3m and Platform Closed Practice & Awards		
4:40pm	5:45pm		Aspire II Boys & Girls C (14)	Aspire II Boys & Girls E (3)
5:45pm	6:05pm	1m and 3m Closed Practice & Awards		
6:05pm	6:25pm	Aspire I Boys & Girls A (1) Aspire I Boys & Girls B (5)		Aspire II Boys & Girls A (3)
6:25pm	6:35pm	Awards Ceremony		

Events will run simultaneously.

Each event will have a 15- or 20-minute closed practice. Award Ceremony will follow each event.

## FCDC Invitational Timed Schedule of Events

**Sunday, January 25<sup>th</sup>, 2026**

8:00am	9:00am	Open Practice		
9:00am	9:20am	1m and Platform Closed Practice		
9:20am	10:30am	<b>1m</b> Aspire I Boys & Girls D (26)	<b>Platform</b> Aspire II Boys & Girls B (13)	
10:30am	10:50am	1m and Platform Closed Practice & Awards		
10:50am	11:40am	Aspire II Boys & Girls E (7) Aspire II Boys & Girls D (14)	Masters (3) Aspire II Boys & Girls A (2)	
11:40am	12:00pm	3m and Platform Closed Practice & Awards		
12:00pm	12:55pm		<b>Platform</b> Aspire I Boys & Girls A (3) Aspire I Boys & Girls (7)	<b>3m</b> Aspire I Boys & Girls C (19)
12:55pm	1:15pm	3m and Platform Closed Practice & Awards		
1:15pm	2:10pm		Aspire I Boys & Girls E (11)	Masters (3) Aspire II Boys & Girls C (16)
2:10pm	2:30pm	Platform Closed Practice & Awards		
2:30pm	3:25pm		Aspire II Boys & Girls E (5) Aspire II Boys & Girls D (9)	
3:25pm	3:45pm	1m and 3m Closed Practice & Awards		
3:45pm	4:35pm	Masters (3) Aspire I Boys & Girls E (11)	Aspire I Boys & Girls A (4) Aspire I Boys & Girls B (10)	
4:35pm	4:45pm	Awards & Closing Ceremony		

Events will run simultaneously.

Each event will have a 15- or 20-minute closed practice. Award Ceremony will follow each event.