

You are invited to attend the

# KWDC Phoenix Invitational



March 22nd & 23rd, 2025



**Name of Event:** KWDC Phoenix Invitational  
**Date of Event:** March 21st-23rd, 2025  
**Place of Event:** Waterloo Memorial Recreation Complex  
101 Father David Bauer Drive, Waterloo ON, N2J 8V1

**Meet Manager:** **Name:** Sara Lynn Cleave  
**Email:** [kwdivingsecretary@gmail.com](mailto:kwdivingsecretary@gmail.com)

**Technical Director:** **Name:** Roland Lipki  
**Email:** [kwdivingpresident@gmail.com](mailto:kwdivingpresident@gmail.com)

**Age Group:** Determined by diver's age as of December 31<sup>st</sup>, 2025  
**Eligibility:** Open to all DPC registered divers.

Dive Ontario rules will apply  
Please note Aspire I & Aspire II dive requirements (<https://diveontario.com/wp-content/uploads/2024/09/Dive-Ontario-Aspire-Regulations-July-2024.pdf>)

**Entry Fees:** \$55 per diver for registration fee (\$10 to Dive Ontario)  
\$45 per event capped at 4 events (\$15 to Dive Ontario)

**Entry Deadline:** **March 15, 2025 by 11:59 pm**  
Registration form can be found [here](#).  
All team registration forms should be sent to: [kwdivingsecretary@gmail.com](mailto:kwdivingsecretary@gmail.com)  
A \$60/diver late fee will apply to all late registrations.

**Dive Sheets:** Please submit dive sheets by **March 18, 2025** to [kwdivingsecretary@gmail.com](mailto:kwdivingsecretary@gmail.com)  
Dive sheets received after that date are subject to \$25.00/dive sheet late fee. Dive Sheets must be created using the latest version of the Dive Sheet Generator.  
Please submit Aspire II divers as 'Group "X" Tier II' and Aspire I divers as 'Group "X"' (without any designation).

**Facility:** Three 1m springboards  
Two 3m springboards  
5m platform  
**\* Please note there is no 3m, 7.5m or 10m platform**

**Awards:** Medals: Gold, Silver, & Bronze  
Ribbons: 4<sup>th</sup>, 5<sup>th</sup>, & 6<sup>th</sup>  
Plaque: CJ Moore Phoenix Award - Highest Raw Score on a Single Dive

Please complete the attached [Registration Form](#) and forward to Sara Lynn Cleave at [kwdivingsecretary@gmail.com](mailto:kwdivingsecretary@gmail.com)

**Competition Hospitality:**  
Breakfast, lunch, and snacks will be provided to all coaches, officials & volunteers.  
A meal plan can be purchased by divers (and their family members!) for \$20 for a single day, or \$30 for both days. Please order and pay for all meal plans (divers' AND family members') when registering.

## Phoenix Invitational Tentative Schedule of Events

**Friday, March 21, 2025**  
Open Practice 4:00pm to 7:00pm

### Saturday, March 22, 2025

8:00am	9:00am	Open Practice	
9:00am	9:20am	Officials and Coaches Meeting	
9:20am	9:30am	Opening Ceremonies	
9:30am	9:50am	Platform Closed Practice	
9:50am		<b>Platform</b> Aspire I Boys D & Girls D	
		1m and 3m Closed Practice & Awards	
		<b>One Metre</b>	<b>Three Metre</b>
		Aspire II Girls D	Boys E & Girls E & Aspire II Boys D
		1m and 3 m Closed Practice & Awards	
		Aspire II Girls C	Aspire II Boys C & B
		1m and 3m Closed Practice & Awards	
		Aspire II Girls B & A	Aspire II Boys A
		Platform Closed Practice & Awards	
		<b>Platform</b> Aspire I Girls B & A	
		Platform Closed Practice & Awards	
		Boys E & Aspire II Boys D & C	
		Platform Closed Practice & Awards	
		Aspire I Girls C	
		Platform Closed Practice & Awards	
		Aspire II Boys B & A	
		1m and 3m Closed Practice & Awards	
		<b>One Metre</b>	<b>Three Metre</b>
		Aspire I Girls B & A	Aspire I Boys D & Girls D
		1m and 3m Closed Practice & Awards	
		Aspire I Girls C	Aspire I Boys C & B & A
		Awards Ceremony	

1m and 3m events will run simultaneously. Events may be combined depending on the number of registrants. Each event will have a 20 minute closed practice. Award Ceremony will follow each event.

PLEASE NOTE – THIS SCHEDULE IS SUBJECT TO CHANGE BASED ON REGISTRATIONS. We will change the events to consider the most optimal practice and board time for the divers.

\*REVISED EVENT SCHEDULE WILL BE SENT TO ALL REGISTERED CLUBS.

## Phoenix Invitational Tentative Schedule of Events

**Sunday, March 23, 2025**

8:00am	9:00am	Open Practice	
9:00am	9:10am	Coaches Meeting	
9:10am	9:30am	Platform Closed Practice	
9:30am		<b>Platform</b> Aspire II Girls B & A	
		1m and 3m Closed Practice & Awards	
		<b>One Metre</b>	<b>Three Metre</b>
		Boys E & Girls E & Aspire II Boys D	Aspire II Girls D
		1m and 3m Closed Practice & Awards	
		Aspire II Boys C & B	Aspire II Girls C
		1m and 3m Closed Practice & Awards	
		Aspire II Boys A Masters Men & Women	Aspire II Girls B & A
		Platform Closed Practice & Awards	
		<b>Platform</b> Girls E & Aspire II Girls D	
		Platform Closed Practice & Awards	
		Aspire I Boys C & B & A Masters Men & Women	
		Platform Closed Practice & Awards	
		Aspire II Girls C	
		1m and 3m Closed Practice & Awards	
		<b>One Metre</b>	<b>Three Metre</b>
		Aspire I Boys D & Girls D	Aspire 1 Girls C
		1m and 3m Closed Practice & Awards	
		Aspire 1 Boys C & B	Aspire I Girls B & A
		1m and 3m Closed Practice & Awards	
		Aspire I Boys A	Masters Men & Women
		Awards & Presentation of CJ Moore Phoenix Award, Closing Ceremony	

1m and 3m events will run simultaneously. Events may be combined depending on the number of registrants. Each event will have a 20 minute closed practice. Award Ceremony will follow each event, during closed practice.

Masters Events may be combined with A Group events if there are less than three participants.

PLEASE NOTE – THIS SCHEDULE IS SUBJECT TO CHANGE BASED ON REGISTRATIONS. We will change the events to consider the most optimal practice and board time for the divers.

\*REVISED EVENT SCHEDULE WILL BE SENT TO ALL REGISTERED CLUBS.

## Host Hotels

### **Hampton Inn and Suites by Hilton:**

- Standard One King (or Two Queens) - \$149.00 per night
- Studio One King (Or Two Queens) w/ wet bar - \$159.00 per night
- Plus 4% MAT fee and 13% HST.
- Book online: <http://www.watertooStJacobs.hamptonbyhilton.com>
- Select dates and then select "Special Rates" -> "Corporate Account": **0003242147**
- Book through phone: please call 519-514-0090 and mention the numeric code **0003242147**

### **Homewood Suites**

- One King Studio w/ pull-out couch - \$159.00 per night
- One King (or Two Queens) One Bedroom suite w/ pull-out couch - \$169.00 per night
- Plus 4% MAT fee and 13% HST.
- Book online: <http://www.waterloostjacobs.homewoodsuites.com>
- Select dates and then select "Special Rates" -> "Corporate Account": **0003242147**
- Book through phone: please call 519-514-0088 and mention the numeric code **0003242147**

## Other Hotels

### Closest to the pool (8 min walk to pool):

Delta Hotels by Marriot Waterloo  
110 Erb St W, Waterloo, Ontario N2L 0C6  
(519) 514-0404

### Closest to Conestoga Mall (9 min drive to pool):

Best Western Plus Waterloo  
547 King St N, Waterloo, Ontario N2L 5Z7  
(519) 884-0100

### Closest to St. Jacob's Market (12 min drive to pool):

Holiday Inn Express & Suites Waterloo - St. Jacobs Area  
14 Benjamin Rd, Waterloo, Ontario N2V 2J9  
(877) 666-0134