

Start	End	FRIDAY January 3		
7 PM	9 PM	Open Practice		
SATURDAY JANUARY 4				
9:00	10:00	Open Practice		
10:00	10:15	Coaches and Officials Meeting		
10:15	10:30	Opening Ceremonies		
10:30	10:50	Closed Practice		
		1 METRE	FLIGHT 1	3 METRE
10:50	11:15	GIRLS E (5)		BOYS E (0)
		ASPIRE II GIRLS D (1)		ASPIRE II BOYS D (0)
		ASPIRE I GIRLS D (0)		ASPIRE I BOYS D (0)
				ASPIRE II BOYS B (2)
				ASPIRE I BOYS B (2)
11:15	11:35	Closed Practice & Awards		
11:35	11:50	ASPIRE II GIRLS A (2)		ASPIRE II BOYS A (2)
		ASPIRE I GIRLS A (1)		ASPIRE I BOYS A (0)
11:50	12:10	Closed Practice & Awards		
12:10	12:35	ASPIRE II BOYS C (1)		ASPIRE II GIRLS C (7)
		ASPIRE I BOYS C (2)		
		ASPIRE II BOYS D (0)		
		ASPIRE I BOYS D (1)		
		BOYS E (0)		
12:35	12:55	Closed Practice & Awards		
12:55	13:35		ASPIRE II BOYS B (1)	
			ASPIRE II GIRLS B (4)	
			ASPIRE I BOYS B (0)	
			ASPIRE I GIRLS B (4)	
13:35	13:55	Closed Practice & Awards		
13:55	14:25	MENS MASTERS II (2)		GIRLS E (0)
		MENS MASTERS I (2)		ASPIRE II GIRLS D (0)
		WOMENS MASTERS II (1)		ASPIRE I GIRLS D (1)
		WOMENS MASTERS I (1)		ASPIRE I GIRLS C (6)
14:25	14:45	Closed Practice & Awards		
14:45	15:15		ASPIRE II BOYS A (1)	
			ASPIRE II GIRLS A (3)	
			ASPIRE I BOYS A (0)	
			ASPIRE I GIRLS A (1)	
			MENS MASTERS I (0)	
			WOMENS MASTERS I (0)	
			MENS MASTERS II (2)	
	WOMENS MASTERS II (1)			
15:15	15:35	Closed Practice & Awards		
15:35	16:05	ASPIRE II GIRLS C (7)		MENS MASTERS I (2)
				MENS MASTERS II (2)
				WOMENS MASTERS I (1)
				WOMENS MASTERS II (1)
16:05	16:15	AWARDS		
16:15	17:30	Open Practice		

Start	End	SUNDAY JANUARY 5		
8:00	9:00	Open Practice		
9:00	9:15	Coaches and Officials Meeting		
9:15	9:35	Closed Practice		
		1 METRE	FLIGHT 1	3 METRE
9:35	9:50	ASPIRE I GIRLS C (9)		ASPIRE II GIRLS B (5)
				ASPIRE I GIRLS B (5)
				ASPIRE II BOYS C (1)
				ASPIRE I BOYS C (1)
9:50	10:10	Closed Practice & AWARDS		
10:10	10:30		ASPIRE II BOYS D (0)	
			ASPIRE II GIRLS D (1)	
			ASPIRE I BOYS D (1)	
			ASPIRE I GIRLS D (1)	
10:30	10:50	Closed Practice & AWARDS		
10:50	11:15	ASPIRE II BOYS B (2)		ASPIRE II GIRLS A (2)
		ASPIRE I BOYS B (1)		ASPIRE I GIRLS A (1)
		ASPIRE II BOYS A (2)		
		ASPIRE I BOYS A (2)		
11:15	11:35	Closed Practice & AWARDS		
11:35	12:35	ASPIRE II GIRLS B (7)		
		ASPIRE I GIRLS B (5)		
12:35	12:55	Closed Practice & AWARDS		
12:55	14:05		ASPIRE II BOYS C (1)	
			ASPIRE II GIRLS C (6)	
			ASPIRE I BOYS C (3)	
			ASPIRE I GIRLS C (6)	
14:05	14:15	AWARDS		