

SCHEDULE

Sunday, March 24, 2024

8:00am	9:00am	Open Practice	
9:00am	9:10am	Coaches Meeting	
9:10am	9:30am	Platform Closed Practice	
9:30 am	10:10 am	Platform Aspire II Girls B(7)& A(5)	
10:10 am	10:30 am	1m and 3m Closed Practice & Awards	
		One Metre	Three Metre
10:30 am	10:55 am	Boys E(1) & Girls E(4) & Aspire II Boys D(2)	Aspire II Girls D(8)
10:55 am	11:15 am	1m and 3m Closed Practice & Awards	
11:15 am	11:55 am	Aspire II Boys C(4) & B(5)	Aspire II Girls C(13)
11:55 pm	12:15 pm	1m and 3m Closed Practice & Awards	
12:15 am	1:05 pm	Aspire II Boys A(3) & Masters Men & Women(3)	Aspire II Girls B(8) & A(6)
1:05 pm	1:25 pm	Platform Closed Practice & Awards	
1:25 pm	2:00 pm	Platform Girls E(1) & Aspire II Girls D(9)Aspire 1 Boys C(2)	
2:00 pm	2:20 pm	Platform Closed Practice & Awards	
2:20 pm	3:10 pm	Aspire II Girls C(12) Masters Men & Women(2)	
3:10 pm	3:30 pm	1m and 3m Closed Practice & Awards	
		One Metre	Three Metre
3:30 pm	4:10 pm	Aspire I Boys D(0) & Girls D(14)	Aspire 1 Girls C(9)
4:10 pm	4:30 pm	1m and 3m Closed Practice & Awards	
4:30 pm	5:10 pm	Aspire 1 Boys C(1) & B(3) & A(0)	Aspire I Girls B(10) & A(0) Masters Men & Women(3)
		Awards & Presentation of CJ Moore Phoenix Award, Closing Ceremony	