

Start	End	FRIDAY JANUARY 25	
19:00	21:00	Open Practice	

Start	End	SATURDAY JANUARY 26		
8:00	9:00	Open Practice		
9:00	9:10	Coaches and Officials Meeting		
9:10	9:20	Opening Ceremonies		
9:20	9:40	Closed Practice		
		1 METRE	TOWER	3 METRE
9:40	10:30	Girls Aspire II C (15)		Girls Aspire II D (11)
				Girls Aspire I D (2)
10:30	10:50	Closed Practice & Awards 20 minutes		
10:50	11:15	Boys E (2)		Girls Aspire I C (7)
		Girls E (4)		
11:15	11:35	Closed Practice & Awards 20 minutes		
11:35	11:55		Boys Aspire I A (0)	
			Girls Aspire I A (0)	
			Boys Aspire I B (1)	
			Girls Aspire I B (5)	
11:55	12:15	Closed Practice & Awards 20 minutes		
12:15	13:00	Girls Aspire II A (5)		Boys Aspire II D (0)
		Girls Aspire II B (6)		
				Women's Masters (1)
				Men's Masters
13:00	13:20	Closed Practice & Awards 20 minutes		
13:20	14:00	Boys Aspire II A (5)		Boys Aspire II C (1)
		Boys Aspire II B (5)		
14:00	14:20	Closed Practice & Awards 20 minutes		
14:20	14:45		Boys Aspire I D (1)	
			Girls Aspire I D (7)	
			Boys E (1)	
			Girls E (2)	
14:45	15:05	Closed Practice & Awards 20 minutes		
15:05	15:30	Girls Aspire I C (9)		Boys Aspire I C (3)
15:30	15:45	AWARDS		

Start	End	SUNDAY JANUARY 27		
8:00	9:00	Open Practice		
9:00	9:10	Coaches and Officials Meeting		
9:10	9:30	Closed Practice		
		1 METRE	TOWER	3 METRE
9:30	10:10	Girls Aspire I A (1)		Boys Aspire II A (5)
		Girls Aspire I B (9)		Boys Aspire II B (4)
				Boys Aspire I A (1)
				Boys Aspire I B (1)
10:10	10:30	Closed Practice & Awards 20 minutes		
10:30	11:15	Girls Aspire II D (11)		Girls Aspire II C (14)
		Boys Aspire I D (1)		
		Boys Aspire II D (1)		
11:15	11:35	Closed Practice & Awards 20 minutes		
11:35	12:35		Boys Aspire II A (5)	
			Boys Aspire II B (4)	
			Girls Aspire II A (4)	
			Girls Aspire II B (6)	
12:35	12:55	Closed Practice & Awards 20 minutes		
12:55	13:35	Girls Aspire I D (7)		Boys Aspire I D (1)
		Boys Aspire II C (3)		Boys E (2)
				Girls E (2)
13:35	13:55	Closed Practice & Awards 20 minutes		
13:55	14:20	Boys Aspire I C (3)		Girls Aspire II A (5)
				Girls Aspire II B (4)
14:20	14:40	Closed Practice & Awards 20 minutes		
14:40	15:15		Boys Aspire II D (1)	
			Girls Aspire II D (10)	
15:15	15:35	Closed Practice & Awards 20 minutes		
15:35	16:05	Boys Aspire I A (1)		Girls Aspire I A (1)
		Boys Aspire I B (2)		Girls Aspire I B (11)
		Women's Masters (1)		
		Men's Masters		
16:05	16:25	Closed Practice & Awards 20 minutes		
16:25	17:10		Girls Aspire II C (14)	
			Boys Aspire II C (1)	
17:10	17:30	Closed Practice & Awards 20 minutes		
17:30	18:00		Boys Aspire I C (4)	
			Girls Aspire I C (10)	
18:00	18:15	AWARDS		
18:15	18:15		Women's Masters	
			Men's Masters	
18:15		Awards		