



2023 Thunder Bay Ontario Aspire Provincials

June 2 - 4, 2023



Meet Information

Dates: Friday June 2nd to Sunday June 4th, 2023

Location: Canada Games Complex
420 Winnipeg Ave
Thunder Bay, ON, P7B 6B7

Equipment: 4 x 1m MaxiFlex Boards
2 x 3m MaxiFlex Boards
Tower Complex – 5m, 7.5m, 10m

Meet Manager: Robyn Bate & Kim O'Hara - divemeetmanager@gmail.com

Host Club Technical Director: Rosario Mendoza – rosario@tbdc.ca

Registration Deadline: May 19th, 2023

Registration Form: Registration Form can be found [here](#)

Entries: Email registrations & dive sheets to divemeetmanager@gmail.com

Late Registrations: \$60 late fee per diver for entries received after 11:59pm on May 19th, 2023

Fees: Registration Fee: \$50 per diver
Board Fees: \$40 per event
All registration fees are non-refundable.

Meal Plans: Optional \$30 meal plan for the weekend will be available. Please indicate if you would like this on the [registration form](#). Please bring reusable water bottles.

Awards: Medals will be awarded to the top 3 in each event
Ribbons will be presented to 4-6th place in each event

Hospitality: Breakfast and lunch will be provided to all coaches and officials

Payment: Payment can be made by cheque to Thunder Bay Diving Club or e-transfer to finance@tbdc.ca

Schedule: A draft Schedule of events is included with this meet package
A Detailed timed schedule will be provided to all the clubs 3 days after the registration deadline.
One Meter and 3 Meter events will run simultaneously
Events may be combined depending on number of registrants
All closed practices will be held for 20 minutes.

Draft Schedule of Events

| START | FINISH | Friday June 2, 2023 |
|--------|--------|---|
| 6:00pm | 8:00pm | OPEN PRACTICE (All clubs / Events) |

| START | FINISH | Saturday June 3, 2023 | | |
|--------|--------|---|-----------------------------|---|
| 7:30am | 8:30am | OPEN PRACTICE (all Saturday events) | | |
| 8:30am | 8:45am | OFFICIALS AND COACHES MEETING | | |
| | | <u>1M</u> | <u>TOWER</u> | <u>3M</u> |
| 8:45am | 9:05am | CLOSED PRACTICE (Girls Aspire II C 1M & Girls Aspire II D 3M) | | |
| | | Girls Aspire II C | | Girls Aspire II D |
| | | CLOSED PRACTICE (Boys & Girls E 1M & Girls Aspire I C 3M) ~~Awards Girls Aspire II C (1M) & Girls Aspire II D 3M~~ | | |
| | | Boys & Girls E | | Girls Aspire I C |
| | | CLOSED PRACTICE (Boys & Girls Aspire I A & B Tower) ~~AWARDS - Boys & Girls E (1M) & Girls Aspire I C (3M)~~ | | |
| | | | Boys & Girls Aspire I A & B | |
| | | CLOSED PRACTICE (Girls Aspire II A & B / Open / Masters 1M & Boys Aspire II D 3M) ~~AWARDS - Boys & Girls Aspire I A & B (Tower)~~ | | |
| | | Girls Aspire II A & B Women Open Women Masters | | Boys Aspire II D |
| | | CLOSED PRACTICE (Boys Aspire II A & B / Open / Masters 1M & Boys Aspire II C 3M) ~~AWARDS - Girls Aspire II A & B / Open / Masters 1M & Boys Aspire II D 3M~~ | | |
| | | Boys Aspire II A & B Men Open Men Masters | | Boys Aspire II C |
| | | CLOSED PRACTICE (Boys & Girls Aspire I D Tower) ~~AWARDS - Boys Aspire II A & B / Open / Masters 1M & Boys Aspire II C 3M~~ | | |
| | | | Boys & Girls Aspire I D | |
| | | CLOSED PRACTICE (Girls Aspire I C 1M & Boys Aspire I C 3M) ~~AWARDS - Boys & Girls Aspire I D Tower~~ | | |
| | | Girls Aspire I C | | Boys Aspire I C |
| | | CLOSED PRACTICE (Girls Aspire II C Tower) ~~AWARDS - Girls Aspire I C 1M & Boys Aspire I C 3M~~ | | |
| | | | Girls Aspire II C | |
| | | CLOSED PRACTICE (Girls Aspire I D 1M & Boys Aspire I D 3M) ~~AWARDS - Girls Aspire II C Tower~~ | | |
| | | Girls Aspire I D | | Boys Aspire I D |
| | | CLOSED PRACTICE (Boys & Girls E Tower) ~~AWARDS - Girls Aspire I D 1M & Boys Aspire I D 3M~~ | | |
| | | | Boys & Girls E | |
| | | CLOSED PRACTICE (Girls Aspire I A & B 1M & Boys Aspire I A & B 3M) ~~AWARDS - Boys & Girls E Tower~~ | | |
| | | Girls Aspire I A & B | | Boys Aspire I A & B |
| | | CLOSED PRACTICE (Boys Aspire II A & B / Open / Masters 3M) ~~AWARDS - Girls Aspire I A & B 1M & Boys Aspire I A & B 3M~~ | | |
| | | | | Boys Aspire II A & B Men Open Men Masters |
| | | ~~AWARDS - Boys Aspire II A & B / Open / Masters 3M~~ | | |

| START | | FINISH | | Sunday June 4, 2023 | | |
|--------|--------|---|--|--|--|--|
| 7:30am | 8:30am | OPEN PRACTICE (all Sunday events) | | | | |
| 8:30am | 8:40am | OFFICIALS AND COACHES MEETING | | | | |
| | | <u>1M</u> | <u>TOWER</u> | <u>3M</u> | | |
| 8:40am | 9:00am | CLOSED PRACTICE (Girls Aspire II D 1M & Girls Aspire II C 3M) | | | | |
| | | Girls Aspire II D | | Girls Aspire II C | | |
| | | CLOSED PRACTICE (Girls Aspire II A & B / Open / Masters Tower) ~~AWARDS Girls Aspire II D 1M & Girls Aspire II C 3M~~ | | | | |
| | | | Girls Aspire II A & B Women Open Women Masters | | | |
| | | CLOSED PRACTICE (Boys Aspire II D & C 1M & Boys & Girls E 3M) ~~AWARDS – Girls Aspire II A & B / Open / Masters (Tower)~~ | | | | |
| | | Boys Aspire II D & C | | Boys & Girls E | | |
| | | CLOSED PRACTICE (Boys & Girls Aspire II D Tower) ~~AWARDS – Boys Aspire II D & C 1M & Boys & Girls E 3M~~ | | | | |
| | | | Boys & Girls Aspire II D | | | |
| | | CLOSED PRACTICE (Boys Aspire I C 1M & Girls Aspire II B & A / Open / Masters 3M) ~~AWARDS - Boys & Girls Aspire II D Tower~~ | | | | |
| | | Boys Aspire I C | | Girls Aspire II B & A Women Open Women Masters | | |
| | | CLOSED PRACTICE (Boys Aspire II C Tower) ~~AWARDS - Boys Aspire I C 1M & Girls Aspire II B & A / Open / Masters 3M~~ | | | | |
| | | | Boys Aspire II C | | | |
| | | CLOSED PRACTICE (Boys Aspire I B & A 1M & Girls Aspire I B & A 3M) ~~AWARDS – Boys Aspire II C Tower~~ | | | | |
| | | Boys Aspire I B & A | | Girls Aspire I B & A | | |
| | | CLOSED PRACTICE (Boys Aspire II B & A / Open / Masters Tower) ~~AWARDS – Boys Aspire I B & A 1M & Girls Aspire I B & A 3M~~ | | | | |
| | | | Boys Aspire II B & A Men Open Men Masters | | | |
| | | CLOSED PRACTICE (Boys Aspire I D 1M & Girls Aspire I D 3M) ~~AWARDS – Boys Aspire II B & A / Open / Masters Tower~~ | | | | |
| | | Boys Aspire I D | | Girls Aspire I D | | |
| | | CLOSED PRACTICE (Boys & Girls Aspire I C 3M) ~~AWARDS – Boys Aspire I D 1M & Girls Aspire I D 3M~~ | | | | |
| | | | Boys & Girls Aspire I C | | | |
| | | ~~AWARDS – Boys & Girls Aspire I C 3M~~ | | | | |

Rules & Requirements

Rules:

All dive sheets are due **72h prior** to 1st event on Friday using the Canadian Dive Sheet Generator – *Coach Edition*

http://www.integratedsports.net/iss_mms_diving_download.asp

- Please email the .html file to divemeetmanager@gmail.com
- Example of html file:

Ontario Spring Provincials
2022-03-18

| Board | Dive #1 | Dive #2 | Dive #3 | Dive #4 | Dive #5 | Dive #6 | Dive #7 | Dive #8 | Dive #9 | Dive #10 | Dive #11 |
|-------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|----------|
| 1M | 103 B | 201 B | 301 B | 401 A | 5132 D | 105 C | 203 C | 403 B | 5231 D | | |
| 1M | 1.7 | 1.6 | 1.7 | 1.8 | 2.2 | 2.4 | 2.0 | 2.4 | 2.1 | | |
| 3M | 103 B | 201 B | 301 B | 403 B | 5132 D | 105 B | 205 C | 405 C | 5231 D | | |
| 3M | 1.6 | 1.8 | 1.9 | 2.1 | 2.1 | 2.4 | 2.8 | 2.7 | 2.0 | | |

Coach: MYKHAYLO KORDYUKOV

| Board | Dive #1 | Dive #2 | Dive #3 | Dive #4 | Dive #5 | Dive #6 | Dive #7 | Dive #8 | Dive #9 | Dive #10 | Dive #11 |
|-------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|----------|
| 1M | 105 C | 203 C | 303 C | 403 B | 5132 D | 5231 D | | | | | |
| 1M | 2.4 | 2.0 | 2.1 | 2.4 | 2.2 | 2.1 | | | | | |

Coach: MYKHAYLO KORDYUKOV

- Please specify which level your divers are entered (Aspire I vs Aspire II) on individual dive sheets.
- Dive sheets submitted after the 72hr submission deadline will be subject to a \$25 per dive sheet late fee
- No new dive sheets will be accepted within one hour of the posted start time of the event. Changes to the dive sheets must be submitted a minimum of 1 hour prior to event's posted start time.
- Dive Ontario Aspire I and Aspire II rules will apply to all events. These rules can be found on the Dive Ontario Website in section 5.1:
<https://diveontario.com/wp-content/uploads/2023/03/230308-DO-Aspire-Technical-Regulations-2023-Updated-Mar-2023.pdf>

Age requirements:

| Age group by birth year | 2023 |
|-------------------------|------------------|
| Group A | 2005, 2006, 2007 |
| Group B | 2008, 2009 |
| Group C2 | 2010 |
| Group C1 | 2011 |
| Group D2 | 2012 |
| Group D1 | 2013 and later |

Accommodation:

Prince Arthur Hotel

June 2-4, 2023

Booking Code: TBDIVE

15 rooms

Jenn Hodges: Jenn@princearthurwaterfront.com / 1-800-267-2675

Rate: \$149.00 + taxes

Days Inn & Suites

June 2-4, 2023

Booking Code: Thunder Bay Dive Club (via phone)

15 rooms

Christine Taylor: ctaylor@daysinnthunderbay.com / 807-344-3297

Rate: \$174.00 + taxes

Car Rental information:

Avis Car Rental

Thunder Bay International Airport

1-807-473-5040

Enterprise Rent-a-Car

Thunder Bay International Airport

1-807-473-5222