

JUNIOR DIVE REQUIREMENTS 2022

GROUP D - PRELIMINARIES

1M	3M	PLATFORM
Divers perform five (5) dives as presented in Table 1: <ul style="list-style-type: none"> The dives, dive order and DD's must be performed as presented in Table 1. 	Divers perform five (5) dives as presented in Table 1: <ul style="list-style-type: none"> The dives, dive order and DD's must be performed as presented in Table 1. 	Divers perform five (5) dives as presented in Table 1: <ul style="list-style-type: none"> The dives, dive order and DD's must be performed as presented in Table 1 At qualification events, dives may be performed on 3m or 5m platform At Age group nationals, all dives must be performed on 5m platform.

TABLE 1 - GROUP D PRELIMINARIES DIVE CHART

1M			3M			PLATFORM		
Dive Order	Dive #	Prescribed DD	Dive Order	Dive #	Prescribed DD	Dive Order	Dive #	Prescribed DD
1	101C	1.6	1	101C	1.6	1	101C	1.6
2	201C	1.6	2	201C	1.6	2	201C	1.6
3	301C	1.6	3	301C	1.6	3	301C	1.6
4	401C	1.6	4	401C	1.6	4	401C	1.6
5	103C	1.6	5	103C	1.6	5	103C	1.6

National qualification standard – Group D

- The diver must make the qualification score with the preliminary Dive list identified in Table 1
- In order to be fully qualified for an event (1m, 3m or platform) for Age group National, a diver must:
 - Achieve the 100% standard in 2 different competitions
 - At least once in an "In person" competition
 - Achieve the 110% standard once in an "In person" event.

	Girls	Boys	Girls	Boys
	100% standard		110% standard	
1m	135	140	149	154
3m	135	140	149	154
Platform	135	140	149	154

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GROUP D - FINALS

1M	3M	PLATFORM
Divers perform six (6) dives: <ul style="list-style-type: none"> Dives must be selected from Table 2 Dives must be different dive numbers Only one or none can be 202C, 302C, 402C. 	Divers perform six (6) dives: <ul style="list-style-type: none"> Dives must be selected from Table 2 Dives must be different dive numbers. 	Divers perform six (6) dives: <ul style="list-style-type: none"> Dives must be selected from Table 2 Dives must be different dive numbers Must use assigned platform levels, in some cases there is a choice between the 5m and 7m.
First Four (4) Dives: <ul style="list-style-type: none"> Four (4) groups must be represented Each dive assigned a DD of 1.6 Can't use 202C, 302C, 402C. 	First Four (4) Dives: <ul style="list-style-type: none"> Four (4) groups must be represented Each dive assigned a DD of 1.6. 	First Four (4) Dives: <ul style="list-style-type: none"> Four (4) groups must be represented Each dive assigned a DD of 1.6.
Last Two (2) Dives: <ul style="list-style-type: none"> Two (2) groups must be represented FINA DD used No DD limit Only one or none can be 202C, 302C, 402C. 	Last Two (2) Dives: <ul style="list-style-type: none"> Two (2) groups must be represented FINA DD used No DD limit. 	Last Two (2) Dives: <ul style="list-style-type: none"> Two (2) groups must be represented FINA DD used No DD limit.

TABLE 2 - GROUP D FINALS DIVE CHART

1M					3M				
101C	201C	301C	401C	5122D	101C	201C	301C	401C	5132D
101B	202C*	302C*	401B	5132D	101B	203C	303C	401B	5231D
103C	203C	303C	402C*	5221D	103C			403C	
103B			403C		103B				
104C					105C				
104B									

* May only use one of these dive numbers*

PLATFORM									
Plat.	Dive #	Plat.	Dive #	Plat.	Dive #	Plat.	Dive #	Plat.	Dive #
5m, 7.5m	101 C or B	5m, 7.5m	201C	5m, 7.5m	301C	5m, 7.5m	401 C or B	5m, 7.5m	600A
5m, 7.5m	103C	5m	203C	5m	303C	5m, 7.5m	403C	5m, 7.5m	612B
5m, 7.5m	103B	7.5m	205C			7.5m	403B	5m, 7.5m	622C
5m, 7.5m	105C					7.5m	405C	5m, 7.5m	5231D
7.5m	105B							5m, 7.5m	5132D

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GROUP C - PRELIMINARIES

1M	3M	PLATFORM
Divers perform eight (8) dives as presented in Table 3: <ul style="list-style-type: none"> Dive order, dives and DD's are as presented in Table 3 Where there is a choice of dives within a dive order, the diver must select one of the dives Must be different dive numbers Only one or none can be 202C, 302C, 402C. 	Divers perform eight (8) dives as presented in Table 3: <ul style="list-style-type: none"> Dive order, dives and DD's are as presented in Table 3 Where there is a choice of dives within a dive order, the diver must select one of the dives Must be different dive numbers. 	Divers perform eight (8) dives as presented in Table 3: <ul style="list-style-type: none"> Dive order, dives and DD's are as presented in Table 3 Where there is a choice of dives within a dive order, the diver must select one of the dives Divers may use 5m or 7.5 m platform only as indicated in Table 3 <ul style="list-style-type: none"> NOTE: if only one platform is indicated for a specific dive, only that platform may be used Must be different dive numbers.

TABLE 3 - GROUP C PRELIMINARIES DIVE CHART

1M			3M			PLATFORM			
Dive Order	Dive #	DD	Dive Order	Dive #	DD	Dive Order	Platform level	Dive #	DD
1	101B, 103C or 103B	1.6	1	101B, 103C or 103B	1.6	1	5m, 7.5m	101B, 103C or 103B	1.6
2	201C or 201B	1.6	2	201C or 201B	1.6	2	5m, 7.5m	201C or 201B	1.6
3	301C or 301B	1.6	3	301C or 301B	1.6	3	5m, 7.5m	301C or 301B	1.6
4	401B or	1.6	4	401B, 403C or 403B	1.6	4	5m, 7.5m	401B, 403C or	1.6
	401A	1.9	5	5132D, 5231D or 5331D	1.6		7.5m	403B	1.6
5	5122D, 5221D or	1.6	6	103B or	1.6	5	5m, 7.5m	612B, 622C or 622B	1.6
	5132D, 5231D or 5223D	1.9		105C or 105B	1.9	6	5m, 7.5m	103C, 103B or	1.6
6	103B or	1.6	7	203C	1.9		5m, 7.5m	105C or	1.9
	104C or 104B	1.9	8	303C, 403C or 403B	1.9		7.5m	105B	1.9
7	202C*, 302C* or	1.6				7	5m	203C or 303C	1.9
	203C or 303C	1.9				8	5m, 7.5m	403C, 5231D or	1.9
8	402C* or	1.6					7.5m	403B or 5132D	1.9
	403C	1.9							

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National qualification standard – Group C

- The diver must make the qualification score with the preliminary Dive list identified in Table 3
- In order to be fully qualified for an event (1m, 3m or platform) for Age group National, a diver must:
 - Achieve the 100% standard in two (2) different competitions
 - At least once in an “In person” qualification event
 - Achieve the 110% standard once in an “In person” qualification event.

	Girls	Boys	Girls	Boys
	100% standard		110% standard	
1m	230	230	253	253
3m	230	230	253	253
Platform	230	230	253	253

GROUP C - FINALS

1M	3M	PLATFORM
Divers perform eight (8) dives: <ul style="list-style-type: none"> • Dives must be selected from Table 4 • Must be eight (8) different dive numbers • Only one or none can be 202C, 302C, 402C. 	Divers perform eight (8) dives: <ul style="list-style-type: none"> • Dives must be selected from Table 4 • Must be eight (8) different dive numbers. 	Divers perform seven (7) dives: <ul style="list-style-type: none"> • Dives must be selected from Table 4 • Must be seven (7) different dive numbers • Five (5) groups must be represented.
First Five (5) dives: <ul style="list-style-type: none"> • Five (5) groups must be represented • Each dive assigned a DD of 1.6 • Can't use 202C, 302C, 402C. 	First Five (5) dives: <ul style="list-style-type: none"> • Five (5) groups must be represented • Each dive assigned a DD of 1.6. 	First Four (4) dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • Each dive assigned a DD of 1.6.
Last Three (3) dives: <ul style="list-style-type: none"> • Three (3) groups must be represented • A minimum of one dive must be from Group 100 or 400 • A minimum of one dive must be from Group 200 or 300 • Only one or none can be 202C, 302C, 402C • FINA DD used • No DD limit. 	Last Three (3) dives: <ul style="list-style-type: none"> • Three (3) groups must be represented • A minimum of one dive must be from Group 100 or 400 • A minimum of one dive must be from Group 200 or 300 • FINA DD used • No DD limit. 	Last Three (3) dives: <ul style="list-style-type: none"> • Three (3) groups must be represented • A minimum of one dive must be from Group 100 or 400 • A minimum of one dive must be from Group 200 or 300 • FINA DD used • No DD limit.

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TABLE 4 - GROUP C FINALS DIVE CHART

1M					3M				
101C	201C	301C	401C	5122D	101C	201C	301C	401C	5132D
101B	201B	301B	401B	5132D	101B	201B	301B	401B	5231D
103C	203C	303C	401A	5221D	103C	203C	303C	403C	5331D
103B	203B	303B	403C	5223D	103B	203B	303B	403B	5233D
104C	202C*	302C*	403B	5331D	105C	205C	305C	405C	5333D
104B			402C*	5231D	105B				5134D
105C				5233D					
105B				5333D					
				5134D					
*May only use one of these dives numbers									
PLATFORM									
Plat.	Dive #	Plat.	Dive #	Plat.	Dive #	Plat.	Dive #	Plat.	Dive #
5m, 7.5m	101B	5m, 7.5m	201C	5m, 7.5m	301C	5m, 7.5m	401B	5m, 7.5m	612B
5m, 7.5m	103C	5m, 7.5m	201B	5m, 7.5m	301B	5m, 7.5m	403C	5m, 7.5m	622C
5m, 7.5m	103B	5m	203C	5m	303C	5m, 7.5m	403B	5m, 7.5m	622B
5m, 7.5m	105C	5m	203B	7.5m	305C	7.5m	405C	7.5m	624C
5m, 7.5m	105B	7.5m	205C					5m, 7.5m	5231D
								5m, 7.5m	5132D
								7.5m	5233D

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GROUP B

1M – GIRLS AND BOYS	3M – GIRLS AND BOYS	PLATFORM – GIRLS	PLATFORM - BOYS
<p>General:</p> <ul style="list-style-type: none"> Divers perform nine (9) dives FINA DD used All dives must be of a different dive number No foot first entries allowed except for 104C, 104B, 5221D, 5122D, 5223D, 5124D Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311. 	<p>General:</p> <ul style="list-style-type: none"> Divers perform nine (9) dives FINA DD used All dives must be of a different dive number No foot first entries Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311. 	<p>General:</p> <ul style="list-style-type: none"> Divers perform seven (7) dives FINA DD used All dives must be of a different dive number Five (5) groups must be represented in the seven (7) dives No foot first entries Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311. 	<p>General:</p> <ul style="list-style-type: none"> Divers perform eight (8) dives FINA DD used All dives must be of a different dive number Five (5) groups must be represented in the eight (8) dives No foot first entries Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311.

GROUP B - PRELIMINARIES

1M – GIRLS AND BOYS	3M – GIRLS AND BOYS	PLATFORM – GIRLS	PLATFORM - BOYS
Divers perform nine (9) dives	Divers perform nine (9) dives	Divers perform seven (7) dives	Divers perform eight (8) dives
<p>First Five (5) dives:</p> <ul style="list-style-type: none"> Five (5) groups must be represented DD limit of 9.0 No foot first entry allowed except for 5221D, 5223D, 5122D, 5124D. 	<p>First Five (5) dives:</p> <ul style="list-style-type: none"> Five (5) groups must be represented DD limit of 9.5. 	<p>First Four (4) dives:</p> <ul style="list-style-type: none"> Four (4) groups must be represented DD limit of 7.6. 	<p>First Four (4) dives:</p> <ul style="list-style-type: none"> Four (4) groups must be represented DD limit of 7.6.
<p>Last Four (4) dives:</p> <ul style="list-style-type: none"> Four (4) groups must be represented No DD limit No foot first entry allowed except for 104C and 104B. 	<p>Last Four (4) dives:</p> <ul style="list-style-type: none"> Four (4) groups must be represented No DD limit. 	<p>Last Three (3) dives:</p> <ul style="list-style-type: none"> Three (3) groups must be represented A minimum of one dive must be from group 100 or 400 A minimum of one dive must be from group 200 or 300 No DD limit. 	<p>Last Four (4) dives:</p> <ul style="list-style-type: none"> Four (4) groups must be represented A minimum of one dive must be from group 100 or 400 A minimum of one dive must be from group 200 or 300 A minimum of one dive must be from group 5000, 600 or 6000 No DD limit.

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GROUP B - FINALS

1M – GIRLS AND BOYS	3M – GIRLS AND BOYS	PLATFORM – GIRLS	PLATFORM - BOYS
Divers perform Four (4) dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • No DD limit • No foot first entry allowed except for 104C and 104B. 	Divers perform Four (4) dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • No DD limit. 	Divers perform Three (3) dives: <ul style="list-style-type: none"> • Three (3) groups must be represented in the Final Dive list • Five (5) groups must be represented over the preliminary dives with limit and the final dives without limit • A minimum of one dive must be from group 100 or 400 • A minimum of one dive must be from group 200 or 300 • No DD limit. 	Divers perform Four (4) dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • Five (5) groups must be represented over the preliminary dives with limit and the final dives without limit • A minimum of one dive must be from group 100 or 400 • A minimum of one dive must be from group 200 or 300 • A minimum of one dive must be from group 5000 or 600 or 6000 • No DD limit.

National qualification standard – Group B

- In order to be fully qualified for an event (1m, 3m or platform) for Age group National, a diver must:
 - Achieve the 100% standard in 2 different competitions
 - At least once in an “In person” qualification event
 - Achieve the 110% standard once in an “In person” qualification event

	Girls	Boys	Girls	Boys
	100% standard		110% standard	
1m	295	300	325	330
3m	310	315	341	347
Platform	230	265	253	292

JUNIOR DIVE REQUIREMENTS 2022

GROUP A

1M – GIRLS AND BOYS	3M – GIRLS AND BOYS	PLATFORM – GIRLS	PLATFORM - BOYS
<p>General:</p> <ul style="list-style-type: none"> Divers perform ten (10) dives FINA DD All dives must be of a different dive number NO foot first entries allowed except for 104C, 104B, 5221D, 5122D, 5223D, 5124D, 5321D, 5323D Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311. 	<p>General:</p> <ul style="list-style-type: none"> Divers perform ten (10) dives FINA DD All dives must be of a different dive number No foot first entries Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311. 	<p>General:</p> <ul style="list-style-type: none"> Divers perform eight (8) dives FINA DD All dives must be of a different dive number Five (5) groups must be represented in the eight (8) dives No foot first entries Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311. 	<p>General:</p> <ul style="list-style-type: none"> Divers perform nine (9) dives FINA DD All dives must be of a different dive number Six (6) groups must be represented in the nine (9) dives No foot first entries Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311.

GROUP A - PRELIMINARIES

1M – GIRLS AND BOYS	3M – GIRLS AND BOYS	PLATFORM – GIRLS	PLATFORM - BOYS
Divers perform ten (10) dives	Divers perform ten (10) dives	Divers perform eight (8) dives	Divers perform nine (9) dives
<p>First Five (5) dives:</p> <ul style="list-style-type: none"> Five (5) groups must be represented DD limit of 9.0 No foot first entry allowed except for 5221D, 5223D, 5122D, 5124D. 	<p>First Five (5) dives:</p> <ul style="list-style-type: none"> Five (5) groups must be represented DD limit of 9.5. 	<p>First Four (4) dives:</p> <ul style="list-style-type: none"> Four (4) groups must be represented DD limit of 7.6. 	<p>First Four (4) dives:</p> <ul style="list-style-type: none"> Four (4) groups must be represented DD limit of 7.6.
<p>Last Five (5) dives:</p> <ul style="list-style-type: none"> Five (5) groups must be represented No DD limit No foot first entry allowed except for 104C, 104B, 5221D, 5223D, 5321D, 5323D, 5122D or 5124D. 	<p>Last Five (5) dives:</p> <ul style="list-style-type: none"> Five (5) groups must be represented No DD limit. 	<p>Last Four (4) dives:</p> <ul style="list-style-type: none"> Four (4) groups must be represented A minimum of one dive must be from group 100 or 400 A minimum of one dive must be from group 200 or 300 A minimum of one dive must be from group 5000 or 600 or 6000 No DD limit. 	<p>Last Five (5) Dives:</p> <ul style="list-style-type: none"> Five (5) groups must be represented No DD limit.

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GROUP A - FINALS

1M – GIRLS AND BOYS	3M – GIRLS AND BOYS	PLATFORM – GIRLS	PLATFORM - BOYS
Divers perform five (5) dives: <ul style="list-style-type: none"> • Five (5) groups must be represented • No DD limit • No foot first entry allowed except for 104C, 104B, 5221D, 5223D, 5321D, 5323D, 5122D or 5124D. 	Divers perform five (5) dives: <ul style="list-style-type: none"> • Five (5) groups must be represented • No DD limit. 	Divers must perform four (4) dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • Five (5) groups must be represented over the preliminary dives with limit and the Final dives without limit • A minimum of one dive must be from group 100 or 400 • A minimum of one dive must be from group 200 or 300 • A minimum of one dive must be from group 5000 or 600 or 6000 • No DD limit. 	Divers must perform five (5) dives: <ul style="list-style-type: none"> • Five (5) groups must be represented • Six (6) groups must be represented over the Preliminary dives with limit and the final dives without limit • No DD limit.

National qualification standard – Group A

- In order to be fully qualified for an event (1m, 3m or platform) for Age group National, a diver must:
 - Achieve the 100% standard in 2 different competitions
 - At least once in an “In person” qualification event
 - Achieve the 110% standard once in an “In person” qualification event

	Girls	Boys	Girls	Boys
	100% standard		110% standard	
1m	345	360	380	396
3m	380	385	418	424
Platform	290	340	319	374