



## 2021 Virtual Dryland Junior Provincials Invitation

Diving Canada will be hosting a Virtual Dryland Junior Nationals Skills Championship to provide a competitive experience for divers who have **not been able to** participate in the virtual diving championships currently taking place. Each province will be allowed to enter up to 20 athletes (maximum of 10 girls and 10 boys). To select the athletes that will represent Ontario at the Nationals, Dive Ontario is hosting a Virtual Dryland Junior Provincials.

### Provincials Dates

- **Athlete registration for Dryland Provincials:** June 20<sup>th</sup>, 2021
- **Athletes will record routines:** Between now and June 23<sup>rd</sup>, 2021
- **Upload of routine:** By June 23<sup>rd</sup>, 11:59pm – Dive Ontario will share a OneDrive link where videos can be uploaded
- **Evaluation of routines:** Will take place from June 26<sup>th</sup> – 27<sup>th</sup>, 2021

### Age Category

→ Girls and boys are separated

- E: 9 years old and under (2012 and up)
- D: 10 and 11 years old (2010-2011)
- C: 12 and 13 years old (2008-2009)
- B: 14 and 15 years old (2006-2007)
- A: 16 to 18 years old (2003-2004-2005)

### Provincials Eligibility

- Only athletes who **will not participate** in the Virtual Junior Qualification and National events are eligible to compete
- Each club will be allowed to enter all interested athletes (that meet the above criteria), there is no maximum of participants at Ontario's Provincials

### Provincials Format

- Athletes will perform a routine of skills selected by Dive Ontario
  - Each age category will receive the routine of skills to be performed. Each routine will include:
    - Group E: 5 skills
    - Group D: 6 skills
    - Group C: 7 skills
    - Group B: 7 skills
    - Group A: 8 skills
- The skills to perform have been selected from a list of skills shared by Diving Canada.
  - Ontario divers that move onto Nationals will be asked to perform selected skills from the same list, however, the selected skills for Nationals have not been announced yet.



- If a diver finds that a certain skill in the routine is too difficult, they can modify it with the skill that is most similar to it. For example, instead of Front roll C to Handstand B, divers can do Front Roll C to handstand C
  - However, any modifications will be taken into account when the routine is being evaluated.
  - Please note this **only** applies to the Provincials, athletes must perform the exact routines in Nationals
- Athletes will have to perform all the selected skills in a continuous routine format
  - The skills need to be performed one after the other in the proper order and recorded from start to finish
  - Only one video clip to be submitted per athlete
    - Divers must be recorded from a side-on view, in Landscape mode
- Judges will watch the videos virtually and score all the divers to provide completed results. These results will be distributed when they are available.

### Provincials Evaluation

- Evaluators
  - The evaluation process will include 5 judges
- Evaluation Criteria
  - Prescribed exercises completed
  - Exercised completed in a routine format
  - Skills completed in proper order
  - Quality of execution
- Scoring
  - Divers will be given an overall score for their routine
  - More information about judging criteria and scoring will be provided as soon as possible

### Provincials Selection Process

- Each province will be allowed to enter up to 20 athletes for Nationals
  - Maximum of 10 girls
  - Maximum of 10 boys
- Ontario divers that place 1<sup>st</sup> for their age category/gender in the Provincials will move onto Nationals
  - Total of 10 athletes (5 girls and 5 boys)
- The remaining 10 spots will be given the top 5 female and the top 5 male athletes with the highest overall scores (regardless of age category)

### Provincials Awards

- More information regarding awards will be provided as soon as possible

### Model Videos

- Dive Ontario will release model videos of the required skills to be performed by each athlete by no later than the end of the day of Monday, June 7<sup>th</sup>.



## Steps for Clubs

### 1. Register your Divers:

- a. Clubs are to submit a list of athletes as soon as possible to Nathan Abdelnour ([executivedirector@diveontario.com](mailto:executivedirector@diveontario.com)).
- b. We would like to get a sense of the number of divers participating, so please send in a *tentative* diver list including their **age category, gender, and name** by Friday, June 11.
- c. The registration deadline will be Sunday, June 20

### 2. Filming:

- a. Athletes will film their routine from home or in a location that meets local health measures.
- b. If possible, routines will be recorded on an iPad or tablet (as opposed to a cell phone) – this is an effort to ensure consistency in quality and view.
- c. Athletes must be recorded from a side-on view in Landscape mode to ensure the diver is captured on the screen.
- d. The focus should be on the diver, as close up as possible, with as little movement of the camera as possible.
- e. If possible, the recording device should be placed on a tripod to ensure stability.
- f. Each athlete may only submit one video clip of their entire routine
- g. Please note that the submitted video **cannot** be a stitched version of multiple cuts, the routine **must be** one continuous video recorded from start to finish.
- h. The diver's coach or parent is allowed to prompt the diver on the next skills of the routine, as video sound is not required.

### 3. Submitting Athlete Videos:

- a. A video submission link for a OneDrive folder will be distributed to the clubs, who will then share it with their participating athletes.
- b. The deadline for all video submission is **11:59pm EST on Wednesday, June 23<sup>rd</sup>, 2021**.
- c. Each video will be submitted with the age group, gender, the name of the club, and the name of the diver:

**Eg: AgeGroup\_Gender\_Club\_FirstnameLastname**

**Eg: GroupA\_Male\_WDC\_JohnSmith**

### 4. Judging:

- a. The Judges will watch the videos from June 26<sup>th</sup> -27<sup>th</sup> and we will aim to have all the scores compiled by **June 28<sup>th</sup>, 2021**.

### 5. Results:

- a. Results will be announced on the Dive Ontario website and through our social media channels as soon as they are available. They will also be distributed to the clubs for future reference.



- b. The 20 selected athletes, will represent Ontario in the Virtual Dryland Junior Nationals

If you have any questions or concerns, please do not hesitate to contact Anna Dacyshyn ([anna.tdi@diving.ca](mailto:anna.tdi@diving.ca)) or Nathan Abdelnour ([executivedirector@diveontario.com](mailto:executivedirector@diveontario.com))

**Further instruction will be given to the 20 Ontario divers who will represent Ontario in the Virtual Dryland Junior Nationals.**