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## Dive Ontario Sport Specific Athlete Selection Criteria

The sport specific athlete selection criteria are utilized in the identification, ranking, nomination and selection of athletes for Ontario Cards for the 2018-2019 funding year, which is based on the 2017-2018 competitive season.

### Eligibility

In order to be eligible for consideration for an Ontario Card an athlete must meet all of the requirements set out below.

- 1) The athlete must be in one of the following age groups:
  - a. Senior (Women 19 - 22; Men 19 - 22);
  - b. A (Girls 16-18; Boys 16-18);
  - c. B (Girls 14-15; Boys 14-15); or
  - d. C (Girls 12-13; Boys 12-13).
- 2) The athlete must have competed in two DPC-sanctioned Ontario qualifying competitions (the “**Ontario Provincial Competitions**”) in the 2017-2018 season.
- 3) The athlete must have competed in the Open 3 Meter Springboard event and/or the Open Platform event at the Ontario Provincial Competitions.
- 4) The athlete must have a minimum Quest For Gold Dive Score, as defined below, of not less than 140.
- 5) All Senior age group athletes must compete at both the Winter Senior Nationals and Summer Senior Nationals.
- 6) All eligible athletes must be in good standing with Dive Ontario.

All eligible athletes are automatically considered for and ranked by the Selection Committee. Athletes who require a Residency Exception and/or a Canada Card Exemption should request these by sending the information outlined above to Dive Ontario prior to **[date to be determined]**.

### Selection Criteria

Each athlete being considered is assigned a combined overall score for the 2017-2018 season (the “**Quest For Gold Dive Score**”). The Quest For Gold Dive Score is the sum of the three component scores described below, with each score at each step in the calculation process rounded to two decimal places. If an athlete does not have a score for either component two or component three, the other component scores will still be added together to obtain a Quest For Gold Dive Score. An athlete’s results from individual events only, and not synchronized events, are considered in the calculation of the Quest for Gold Dive Score.

#### 1) Component One – Ontario Provincial Competitions

The athlete’s two best scores from either the Open 3 Meter Springboard event(s) or the Open Platform event(s) from any of the Ontario Provincial Competitions will each be divided by the Quest For Gold Standard for the applicable event (see the chart below for the Quest For Gold Dive Standard) and multiplied by 100 to get a percentage. These two percentages are then averaged to achieve a final score for Component One. For further clarification, where an athlete competes in both events, the athlete does not have to use two Open 3 Meter Springboard or two Open Platform scores for their calculation. The best two results will be used.

#### 2) Component Two – National Competitions

For athletes in the A, B or C age group, the athlete’s best single result from 2018 Junior Development Nationals, Junior Elite Nationals, Winter Senior Nationals or Summer Senior Nationals, as applicable, from either of the 3 meter springboard event or platform event, from any of preliminaries, semi-finals or

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finals, will be divided by the Quest For Gold Dive Standard for the applicable event (see the chart below for the Quest For Gold Dive Standard) and multiplied by 100 to get a percentage. That percentage will be the score for Component two for athletes in the A, B or C age groups.

For athletes in the Senior age group, the athlete's best two scores from Winter Senior Nationals or Summer Senior Nationals, from either of the 3 meter springboard event or platform event, from any of preliminaries, semi-finals or finals, will each be divided by the Quest For Gold Dive Standard for the applicable event (see the chart below for the Quest For Gold Dive Standard) and multiplied by 100 to get a percentage. These two percentages are then averaged to achieve a final score for Component Two. For further clarification, where an athlete competes in both events, the athlete does not have to use two 3 meter springboard or two platform scores for their calculation. The best two results will be used.

### 3) Component Three – International Competitions

In the event an athlete qualifies to attend one of the international competitions in the list below (the "**Eligible International Competitions**"), the athlete's best single result from any Eligible International Competition, from either of the 3 meter springboard event or platform event, from any of preliminaries, semi-finals or finals, will be divided by the Quest For Gold Dive Standard for the applicable event (see the chart below for the Quest For Gold Dive Standard) and multiplied by 100 to get a percentage. That percentage will be the score for Component Three.

**Quest For Gold Dive Standards**

BOARD	GIRLS	EVENT	BOYS
Group C –3 metre (Prelims)	230*	Group C – 3 metre (Prelims)	230*
Group C – 3 metre (Finals)	260	Group C – 3 metre (Finals)	260
Group C – Platform (Prelims)	257*	Group C – Platform (Prelims)	257*
Group C – Platform (Finals)	220	Group C – Platform (Finals)	220
Group B – 3 metre	315	Group B – 3 metre	315
Group B – Platform	235	Group B – Platform	265
Group A – 3 metre	390	Group A – 3 metre	395
Group A – Platform	300	Group A – Platform	350
Senior Open – 3 metre	208**	Senior Open – 3 metre	280**
Senior Open – Platform	208**	Senior Open – Platform	280**

\* The Quest for Gold Standards for the 'C' age group preliminary events are intentionally lower than the national standard (roughly 90% of the Canadian Junior National Qualifying Standard for the 'C' age group) due to the recent change to the rules which requires that athletes perform a fixed list of dives with prescribed DD's in these events. The purpose of this reduction is to give 'C' age group athletes equal opportunity to achieve high Quest For Gold Scores in preliminary events as compared to the other age groups.

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\*\* The Quest For Gold Dive Standards for these events are intentionally lower than the national standard for those events (roughly 85% of the Canadian Senior National Qualifying Standard) in order to give senior national athletes equal opportunity to achieve high Quest For Gold Dive Scores as compared to junior national athletes.

## Eligible International Competitions

The following are the list of eligible international competitions for inclusion in component three above:

- FINA Diving Grand Prix events;
- Commonwealth Games, Australia.
- Youth Olympic Games, Buenos Aires, Argentina.
- FINA World Junior Diving Championships, Kiev, Ukraine.
- International Youth Diving Meet, Dresden, Germany.

## Award of Ontario Cards

Males and females are separated and the Quest For Gold Dive Scores are then ranked from highest to lowest. The top five male and females are generally nominated for Ontario Cards, provided their Quest For Gold Dive Scores are above 140%. Dive Ontario reserves the right not to allocate all of the Ontario Cards where an insufficient number of athletes meet the 140% requirement.

In the event of a tie in overall scores between two athletes, the tie will be broken by looking to the next decimal place before rounding off the scores at each stage in the calculation process.

Athletes nominated for Ontario Cards are then required to confirm their acceptance of the Ontario Card with Dive Ontario by [date to be determined] and to complete the MCTS online Ontario Card application process at [www.questforgold.ca](http://www.questforgold.ca) by [date to be determined].

Each athlete receiving an Ontario Card is required to complete a training plan for the upcoming competitive season (2018-2019) outlining the following:

- name of coach and/or club;
- hours of training in the pool and in dry land program, as well as components of dry land training;
- goals for the upcoming competitive season and long term goals;
- current competitive dive list;
- new skills and/or dives to be learned in the upcoming year;
- competitions the athlete plans to attend in the upcoming competitive season;
- competitions the athlete will peak for; and
- other (mental training, cross training, etc.).

The athlete will be required to provide the training plan in one of the following forms: chart, paragraph, or heading and sentence, at his or her election, to Dive Ontario.

Each athlete receiving an Ontario Card is also required to execute an athlete agreement with Dive Ontario (the "**Athlete Agreement**"). In addition, an athlete who previously received an Ontario Card and executed an Athlete Agreement must have complied with the terms of such Athlete Agreement to the satisfaction of the PSO/MSO in order to be considered for an Ontario Card in a subsequent year.

Dive Ontario has no criteria for ranking an athlete who is unable to meet these requirements as detailed above due to illness, injury or pregnancy.